

United States Embassy Muscat Oman

# Hospitals, Clinics, Medical Practitioners, and Dentists in Oman

(Updated November 2015)



**Embassy of the United States of America  
Muscat, Oman  
Hospitals, Clinics, Medical Practitioners and Dentists in Oman**

(Updated October 2015)

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# EMERGENCY CONTACT NUMBERS



Emergency Services / Hospitals		Operator
<b>Fire / Police / Ambulance</b>		<b>9999</b>
Police Station	Al Qurum / Bousher	2460-0099
	Ruwi	2470-1099
	Operations Center	2456-0099
<b>Government Hospitals</b>		
Khoula Hospital	Operator	2456-0455
	Accident & Emergency Dept.	2456-3625
Royal Hospital	Operator	2459-9000
	Accident & Emergency Dept.	2459-9525
	Poison Control	2459-2457
Sultan Qaboos University Hospital	Operator	2414-7777
	Accident & Emergency Dept.	2414-4615
<b>Private Hospitals</b>		
Muscat Private Hospital	Operator	2458-3601
	Accident & Emergency Dept.	2458-3791
Starcare Hospital	Operator	98088705
	Accident & Emergency Dept.	
<b>For Your Pets</b>		
Al Qurum Veterinary Clinic	Operator	2456-2263
	Emergency	9270-3273



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## **GENERAL INFORMATION ON HOSPITALS IN OMAN**

There are four government-run hospitals in the immediate area of Muscat to which the expat community has access (see next page). A letter of referral from an outside physician is required except in an emergency. The government hospitals will treat all patients in an emergency. Each hospital has its own area of specialty. However, the Royal and Khoula Hospitals have 24- hour "specialized" accident and emergency departments.

As listed below, each hospital has its own area of specialty. However, in an emergency you should proceed to the nearest hospital's accident and emergency department. Only if time permits should you consider selecting a specific hospital.

Currently, the ambulance service in Oman is limited to response to traffic accidents in the greater Muscat area.

The Royal Oman Police are the first responders to all road traffic accidents. The ambulance service is connected to the ROP. **Call 9999** and report your accident and any injuries. Do not move the victim unless they are in imminent danger.

**Payment of hospital/clinics bills is the responsibility of each individual. Please check in advance with the concerned hospital about fees and payment procedures.**



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**PUBLIC HOSPITALS**

All large public hospitals have fully equipped 24 hour emergency rooms and the treatment you will receive is of a good standard. However, the public hospitals offer different specialist services, as follows. These hospitals are not available for routine appointments but only for EMERGENCY SERVICES or only with a referral from a local physician.

<b>HOSPITAL</b>	<b>SPECIALIST SERVICES</b>
Khoulā Hospital Website: <a href="https://www.moh.gov.om/en/web/khoulā-hospital">https://www.moh.gov.om/en/web/khoulā-hospital</a>	Major Trauma, Broken Bones (Orthopedics), Burns and Serious Head Injuries (neurology/neurosurgery)
Royal Hospital Website: <a href="https://www.moh.gov.om/en/web/royal-hospital">https://www.moh.gov.om/en/web/royal-hospital</a>	Heart Conditions/Heart Attack, Abdominal Pain, Pediatrics
Sultan Qaboos University Hospital Website: <a href="https://www.moh.gov.om/en/web/sultan-qaboos-hospital/-/sultan-qaboos-hospital">https://www.moh.gov.om/en/web/sultan-qaboos-hospital/-/sultan-qaboos-hospital</a>	All Medical Emergencies <b>except</b> head injuries and serious fractures that require surgery
Al Nahda Hospital Website: <a href="https://www.moh.gov.om/en/--9-10">https://www.moh.gov.om/en/--9-10</a>	Ophthalmology Dermatology ENT (Ear, nose and throat) Dental (oral surgery)



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**PRIVATE HOSPITALS**

**MUSCAT PRIVATE HOSPITAL** Located in the rapidly developing and scenic area of Bausher, we are a 72-bed General Hospital, with first-class out-patient and in-patient facilities for the majority of specialties, including a Diagnostic Centre with C.T. Scan and the latest "open" MRI. Setting high standards of care for the benefit of patients in the private sector, the hospital is managed by UME, an international hospital management group with more than 27 years of experience in the Middle East. For appointments, please call 245 83601 / 245 83602 / 245 83603 / 245 83604. Located map as per below:

- + Website: [www.muscatprivatehospital.com](http://www.muscatprivatehospital.com)
- + Contact Details: Appointments - +968 245 83601 - 604

**STARCARE HOSPITAL** is a new generation multi-specialty premium hospital in Muscat, managed by Starcare Health Systems UK. It is a state-of-the-art facility designed as per American Architectural Institute standards. Starcare offers 24 hours Emergency care, Outpatient, Daycare and Inpatient services and well equipped with modular operating theaters, diagnostic facilities, world class labour and delivery suits, star rated inpatient rooms. With More than 35 specialties, led by western trained Senior Consultants, staffed with highly skilled nursing, paramedics and support staff, the hospital is already the preferred choice of the nationals as well as the expatriate community. the hospital has redefined the benchmarks of patient care, treatment & safety in Oman private sector by introducing the latest technologies and surgical facilities like complex joint replacements, key hole surgery on joints including shoulder, total body reconstruction, key hole bowel surgeries, Laser varicose vein surgeries and Snoring surgery – all in a pleasant and warm environment.

- + Website: [www.starcarehospital.com](http://www.starcarehospital.com)
- + Contact Details: Appointments - +968 98088705.

**ATLAS STAR HOSPITAL** Opened in 2004, Atlas Star has a 24 hour emergency room, radiology department, specialists available in the areas of family medicine, cardiology, general surgery, ob/gyn, ophthalmology, orthopedics, pediatrics and urology.

- + Website: <http://healthcare.atlasera.com/index.html>
- + Contact Details: Appointments - +968 98088705.



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**PRIVATE CLINICS**

**MEDIDENT MEDICAL CENTRE** was established in 1977 to meet the demand of the growing expat community in general and our parent companies OOSC and STS in particular and for Omanis who are accustomed to the western style primary health care clinic or their own GP or family practitioner. From the start the management at MEDIDENT put the emphasis on western trained therapists and the clinic attracted a huge percentage of the expat population. Omanis who prefer the private western style traditional primary care medicine also have been our clients for generations. The centre adopts the holistic approach to family care, be it medical or dental and targets the welfare of the whole family physically and mentally putting our emphasis on prevention of illnesses.

- + Website: [www.medidentoman.com](http://www.medidentoman.com)
- + Contact Details: Appointments - +968 2460 0668

**HATAT HOUSE POLYCLINIC** - with close to 25 years of experience, Hatat Polyclinic LLC has established itself as a key component in the evolution of Oman's healthcare systems. Staffed with a highly specialized team of specialist physicians, nurses and ancillary team members, the clinic continues to uphold exceptional standards towards medical treatment, technology and pharmaceuticals. A proud member of the Oman Society for Petroleum Services (OPAL), Hatat aligns its services with international standards, offering expert medical attention in a wide range of disciplines including general medicine, pediatrics, gynecology, dermatology, cosmetology, cardiology, endocrinology, diabetology, gastroenterology, radiology, otolaryngology (ENT), ophthalmology, orthopedics, dentistry, psychiatry, physiotherapy, family medicine and immunization.

- + Website: <http://www.assarain.com/index.php/group/retail-consumer-services/hatat-polyclinic-llc/>
- + Contact Details: Appointments - +968 2456 3641

**BADR AL SAMA CLINIC** All medical establishments are well equipped and have specialties such as Cardiology, Neurology, Urology, Nephrology, Gastroenterology, Neonatology and Specialties like Anesthesiology, Psychiatry, General Medicine, Gynecology & Obstetrics, Paediatrics, General & Laparoscopic Surgery, Dermatology, Orthopedics, ENT, Dental Surgery, Ophthalmology, Radiology, Pathology, Homeopathy and Physiotherapy. The hospitals are approved by the Ministry of Health for its adherence to the new healthcare standards and regulations for its Maternity centre. State-of-the-art-operation theatre complex, Imaging equipments, Endoscopy, other novelties like ICCU, MRI Scan, C.T Scan, Mammograms, Bone Densitometer, Lithotripter 3DEchocardiography and Dialysis Unit.

- + Website: [http://www.badralsamaahospitals.com/about\\_badr.php](http://www.badralsamaahospitals.com/about_badr.php)
- + Contact Details:



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**RUWI**

Badr Al Samaa Group of Hospitals  
P.O. Box 443, P.C. 112  
Ruwi, Sultanate of Oman  
Tel: +968 24799760

**SUR**

Badr Al Samaa Group of Hospitals  
P.O. Box 443, P.C. 112  
Sur, Sultanate of Oman  
Tel: +968 24799760

**SALALAH**

Badr Al Samaa Group of Hospitals  
P.O. Box 443, P.C. 112  
Salalah, Sultanate of Oman  
Tel: +968 23290122

**AL KHUWAIIR**

Badr Al Samaa Group of Hospitals  
P.O. Box 443, P.C. 112  
Al Khuwair, Sultanate of Oman  
Tel: +968 24488322

**BARKA**

Badr Al Samaa Group of Hospitals  
P.O. Box 443, P.C. 112  
Baraka, Sultanate of Oman  
Tel: +968 26884918

**SOHAR**

Badr Al Samaa Group of Hospitals  
P.O. Box 443, P.C. 112  
Sohar, Sultanate of Oman  
Tel: +968 26848767

**AL KHOUD**

Badr Al Samaa Group of Hospitals  
P.O. Box 443, P.C. 112  
Al Khoud, Sultanate of Oman  
Tel: +968 24546099

**NIZWA**

Badr Al Samaa Group of Hospitals  
P.O. Box 443, P.C. 112  
Nizwa, Sultanate of Oman  
Tel: +968 2544777

**Blood Bank Unit** The blood bank is located opposite the Royal Hospital (next to Boushar Clinic). If you would like to donate blood, no appointment is necessary. If you require further information, contact Dr.Shahnaz Nidham Shah Al-Balushi, who is the Director of Department of Blood Services.

✚ Contact Details: Appointments - +968 2459 – 1255

**PRIVATE DENTAL CLINICS**

**THE DENTAL & ORAL CENTRE**

✚ Business Address: Madinat Sultan Qaboos, Commercial Center opposite Al-Fair Supermarket  
✚ Contact Details: Appointments - +968 2469 8055

**AMERICAN DENTAL CENTRE**

✚ Business Address: Al Masa Mall, Shatti Qurum P.O.Box 458, Postal Code 133 Sultanate of Oman  
✚ Contact Details: Appointments - +968 2469 5422  
✚ Website: <http://www.adcoman.com/>





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**AL HARUB MEDICAL CENTRE (dental and medical services)**

- + Business Address: Way 2830 House 2258 Sarooj – Shatti Al-Qurum PO Box 113 PC 118 Sultanate of Oman
- + Contact Details: Appointments - +968 24600750
- + Website: [www.alharubmedical.com](http://www.alharubmedical.com)

**MEDIDENT MEDICAL CENTRE (dental and medical services)**

- + Business (Postal) Address: Madinat Qaboos Medical Centre LLC PO Box 2089 Ruwi PC 112 Sultanate of Oman
- + Website: [www.medidentoman.com](http://www.medidentoman.com)
- + Contact Details: Dental Appointments - +968 2460 1668

**QURUM MEDICAL CENTRE (dental, acupuncture, physiotherapy)**

- + Business (Postal) Address: 61 Al-Ilam Stree Mediant Al-Ilam Muscat, Oman
- + Website: [www.medidentoman.com](http://www.medidentoman.com)
- + Contact Details: Dental Appointments - +968 2469 2898

**PRIVATE OPTICAL CENTERS**

**FINLAND EYE CENTRE**

- + Business Address: Qurum Garden Building Opposite Qurum Park. First Floor.
- + Contact Details: Appointments - +968 2456 4488
- + Website: [www.finlandeyecenter.com](http://www.finlandeyecenter.com)

**MAGRABI EYE AND EAR CENTRE**

- + Business Address: Al-Rumaila Building-16 Al Nahda St. Oman
- + Contact Details: Appointments - +968 2456 8870
- + Website: [http://www.magrabihospitals.com/index.php?option=com\\_content&view=article&id=774&Itemid=100048&lang=en](http://www.magrabihospitals.com/index.php?option=com_content&view=article&id=774&Itemid=100048&lang=en)

**PHARMACIES**

**MUSCAT PHARMACY & STORES LLC** is one of the oldest Pharmacies in Oman. It also has the unique distinction of being the largest Pharmacy in the Sultanate. Started in 1968 with a Pharmacy at Muscat, it has grown to be a Company with 66 retail outlets. It is the only Pharmacy which has 33 Pharmacies in the interior areas. This truly reflects the commitment of the Company in bringing health-care as close as possible to the people of Oman.



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Pharmacy Outlets	
Governorate of Muscat	
Al Ghobra, Nr. Al Maha Filling Station 24497264 <b>Open 24 hours</b>	Risail 24510086
Al Hail 24535977 <b>Open 24 hours</b>	Mawalal 24537080 <b>Open 24 hours</b>
City Centre 24537704	Al Khod 24538953
Mabellah 24556344	Wadi Adai 24560351
Al Harthy Complex 24560519	Qurum 24561942
Sabco Centre 24564471	Wadi Hatat 24878817
Safeer Hypermarket 24496249	Hay Al Rahbah Complex 24601650
Al Burj Complex 24421026	Seeb Market 24421691
Al Zakhar Complex 24489099	Jawahrat Al Shatti Complex 24695477
Al Sarooj Commercial Centre 24695536 <b>Open 24 hours</b>	Gr Muttrah 24703345
Muttrah Souk 24712782	Muttrah (Nr. Taxi stand) 24713778
Muscat 24736297	Darseit 24788338
Wadi Kabir, Nr. Omanoil Petrol Pump 24817331	Hamriya 24833323 <b>Open 24 hours</b>
Ruwi (opp. Raymonds Showroom) 24833964	Ruwi High Street 24834458
Hellat A'Saad (opp. Al Nahdha Hospital) 24837008	Al Khuwair Commercial Centre 24485740 / 24487980 / 24486928 <b>Open 24 hours</b>
Madinat Al S. Qaboos, Main Shopping area 24699457 / 24602135	Ruwi (opp. Police station) 24794186 / 24791144 / 24702542 <b>Open 24 hours</b>